

BEAVER TALES

Canada District West Region 5





2022-23 C.D.W. Board

Governor

Pauline Blackwell

Governor Elect

Pat McKinney

Immediate Past Governor

Darrell Blackwell

Past Governor Director

Joyce Evans

Agincourt, Don Mills,

Kawartha Lakes

Area Directors

Bruce Davey

Halton, London Toronto Lung

Marlyne Van Exan

Barrie, Dundas, Midland,

Oakville

District Secretary

Cheryl Taylor

District Treasurer

Sue Gibson

Judge Advocate

Bill Hiscott

People helping
Clubs stay
united!

Governor's Message -Pauline Blackwell



ello fellow CDW members.

The year is really sailing along. It was fabulous to once again come together to do a bit of business and then enjoy each other's company in Fellowship during the spring convention.

A big round of applause to the Dundas club for hosting this year, after several attempts to do so over the 3 years of covid. The murder mystery dinner was a lot of fun, even if myself and my table mates proved to be murderers! Good food and a great time was had by everyone. Some interesting pj's were revealed in the hospitality room along with tasty nightcaps! Thanks again Dundas!

As summer is on the horizon, some clubs will be winding down for a break, while others of you will be running your summer projects. **Post your events**, maybe some fellow Civitans will join you!

September once again we will be coming together with our compatriots in the Northern Lights, East District. I hope you have plans to pen in the dates and sign up for this Region 5-Sept. 8/9.

The London club, my home club, is planning a fantastic weekend for you. Friday will start the weekend off with a Fair! **Come out and play** to win tickets for chances to get in on the prizes! Saturday will have a video DJ, so pack your dancing shoes, or sit back, relax, and watch the videos! Hope to see you all there!

I wish you all a pleasant summer doing whatever makes you happy, and best of luck to the clubs running summer projects.

Regards,

Pauline Governor





Registration Form for Region 5 Convention, Sept 8/9, 2023 Best Western Plus-Stoneridge Inn 6675 Burtwistle Lane (off Colonel Talbot Rd.) London, N6L 1H5 Hosted by London Middlesex Civitan Club

| Name: | Civitan Y/N | Voting Delegate: Y/N |
|--|---|---|
| Club | District Board/Club Office | PG Y/N Year |
| Address: | Email: | |
| First Convention: Y/N Jr Civita | an? Y/N Club | Sat. dinner: beef/chicken (circle) |
| Name: | Civitan Y/N | Voting Delegate: Y/N |
| Club | District Board/Club Office | PG Y/N Year |
| Address: | Email: | |
| First Convention: Y/N Jr Civita | an? Y/N Club | Sat. dinner: beef/chicken (circle) |
| | date: Aug 8; \$175 after. Registratio | on Deadline Aug 18. |
| Registration includes: | | |
| Friday Night Buffet: Tossed salad, Co | aesar salad, Lemon oregano chicken kai | bobs with tzatziki sauce, |
| Garden penne in tomato sauce, Me | dley of seasonal vegetables, Herb roast | ted potatoes. Buns & butter. Assorted desser |
| squares, mini donuts and churros, c | offee & teas | |
| Breakfast Buffet: continental: Mini p | pastries, butter, preserves, sliced fruit, | bottles of juice, coffee & assorted teas. |
| Saturday Dinner: Choose 1 entre an | nd circle above: Red wine braised beef s | short rib roast; OR Chicken breast in cremini |
| mushroom sauce. Entres also includ | de: a Medley of seasonal vegetables, Ro | pasted potatoes, Salad appetizer, Buns & |
| butter. Dessert: Lemon Chiffon (wit | th toasted almonds), coffee & teas | |
| ••• Anyone with a dietary restrict | tion please contact the hotel directly | |
| Room rates: \$172-Friday, \$217-Satu | urday - Includes full hot breakfast both | Sat and Sun morning |
| Call hotel direct to book: 519-652-6 | 022, "state Civitan when booking" O | DR . |
| go to: https://stoneridgeinn.co | om/ to book online OR Toll- | I-free Registration#: 1(888)471-2378 |
| *** Reservations by attendees mu availability date. (27 rooms held in | ust be received on or before the Aug 8, n total) | ,2023 cut off room rate and guarantee |
| Make Cheque Payable to: Civitan C | anadian District West | |

Friday Theme: Welcome to the Fair!

Mail Registration and fee to: District Treasurer Sue Gibson 52 Boullee St. London, ON N5Y 1T6

Region 5 Alternate hotels close to the convention: 401 & Wellington, or 401 & Exeter

As the Convention hotel only has 27 rooms available, please find a list below of hotels right off the 401 At London's first 2 exits, just 10 minutes away from the convention location.

Comfort Inn: 1156 Wellington Rd, London, ON N6E 1M3•(519) 685-9300

Days Inn, by Wyndham: 1100 Wellington Rd, London, ON N6E 1M2•(519) 681-1240

Hampton Inn, by Hilton: 840 Exeter Rd, London, ON N6E 1L5•(519) 649-6500

Towneplace Suits, by Marriott London: 800 Exeter Rd, London, ON N6E 1L5•(519) 681-1200

Ramada by Wyndham London: 817 Exeter Rd, London, ON N6E 1W1•(519) 681-4900



I don't know if Facebook has ever caused the lame to walk but it has sure caused the dumb to speak.

Mahtma Gandhi said if there is an idiot in power, it means those who elected him are well represented.

If I waited until I had all my ducks in a row, I'd never get across the street. Sometimes you just have to gather up what you've got and make a run for it.

If a cow laughed, would milk come out of her nose?

Whatever happened to Preparations A through G?

Why, Why, Why do we press harder on the remote control when we know the batteries are getting weak?

Why do banks charge a fee due to insufficient funds; when they already know you're broke? Yeh.. why?

Why is it that when someone tells you that there are one billion stars in the universe you believe them, but if they tell you there is wet paint you have to touch it to check?

Why doesn't Tarzan have a beard?

Why does Superman stop bullets with his chest, but ducks when you throw a revolver at him?

Why did Kamikaze pilots wear helmets?

Whose cruel idea was it to put an "s" in the word "lisp"?

If people evolved from apes, why are there still apes?

Why is it that, no matter what color bubble bath you use, the bubbles are always white?

We live in a time where intelligent people are being silenced so that stupid people won't be offended.

SPRING ONE DAY CONVENTION IN DUNDAS, MAY 27, 2023



Credentials and Registration Desk



Governor Pauline Blackwell



Awards - Darrell Blackwell & Cathy Dunn for Cake



WINNERS: London for highest pounds per member sold and Halton for largest % increase ordered

Junior Governor Kate Wilson & Tracy Beck





Announcement of Bursary Winners

William Murphy -Kate Wilson

Richard Ivens- Joshua Schmitchen

Palmer-McNeil - Tristan Stripp

Credit Valley - Madelyn Guthrie

Brampton – John McKinney
Pictures of the recipients will appear in the
September Beaver Tales

HONOR KEY RECEIPANTS – Tracy Beck & Bruce Davey



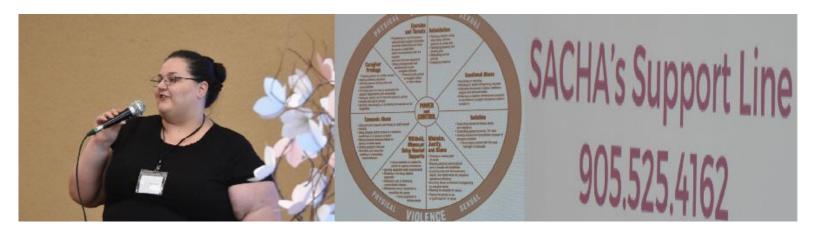


welldeserved

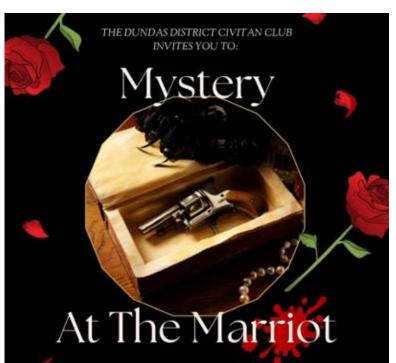
SILENT ACTION AND RAFFLE PRIZES



SPEAKER: MIRANDA JURILJ

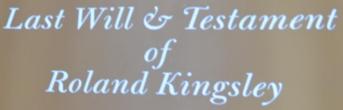


MURDER MYSTERY















Experiences With Multiple Meanings

The refined impression you glean from your experiences after contemplating their significance, can add a new richness and texture to your life.

Though we humans are self-aware, we nonetheless cannot distance ourselves from the world around us and have a natural tendency to ascribe meaning to all that we experience. The significance we perceive in our experiences is rooted in our observation of patterns as they relate to ourselves. One situation has the power to teach us about life because it exposes us to something unfamiliar. Another touches our emotions deeply by enabling us to see how fortunate we are. Yet our initial impressions of an experience may not wholly reveal the true significance of that occurrence because our full response to an experience is like an onion with many layers that all have disparate meanings. Consider that a sunrise may stun us visually while simultaneously evoking memories of childhood and reminding us that each new day is a rebirth.

If you take the time to examine your experiences closely, you will discover that your original impressions may only be a part of a larger story of significance. Peeling away the layers of an event or incident can be a fun and interesting process if you allow it. To begin, relive your experience in your mind's eye and from multiple perspectives if possible. Your interpretation of any situation is based not only on facts but also on feelings, beliefs, and your values. As you ruminate upon your experience, spend a few moments contemplating how you felt when it began and how your feelings had changed by its end. Ask yourself what abstractions, if any, it awakened in your mind. If an experience stirs up questions within your soul, it may be that in striving to answer them a new layer of meaning may reveal itself to you.

The significance of an experience may remain hidden to you for some time. The meaning of an event can change when viewed from another context or may only become apparent after intense meditation. An incident that seemed superficial may unexpectedly touch us deeply later in our lives. If you take a truly open-minded approach to your examination of each new level and do not shy away from revelations that could prove painful, you will learn much about your relationship to the world around you. And the refined impression you glean from your experiences after contemplating their significance can add a new richness and texture to your life.

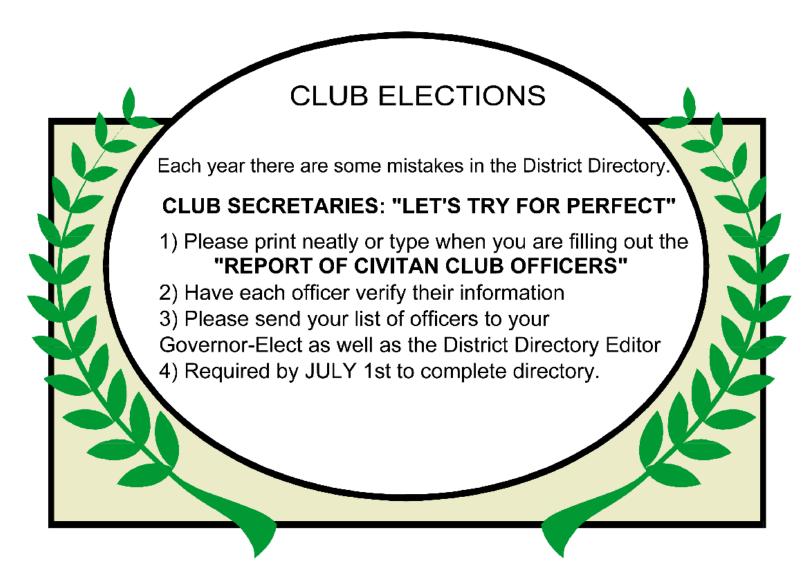


Our lives can sometimes become status quo and that is ok as long as we aren't keeping it that way on purpose.

When our lives are going well, and sometimes even when they aren't, we may find ourselves feeling very attached to the status quo of our existence -- life as we know it. It is a very human tendency to resist change as though it were possible to simply decide not to do it, or have it in our lives. But change will come and the status quo will go, sooner or later, with our consent or without it. We may find at the end of the day that we feel considerably more empowered when we find the courage to ally ourselves with the universal force of change, rather than working against it.

Of course, the answer is not to go about changing things at random, without regard to whether they are working or not. There is a time and place for stability and the preservation of what has been gained over time. In fact, the ability to stabilize and preserve what is serving us is part of what helps us to survive and thrive. The problem comes when we become more attached to preserving the status quo than to honoring the universal givens of growth and change. For example, if we allow a situation, we are in to remain stagnant simply because we are comfortable, it may be time for us to summon up the courage to challenge the status quo.

This may be painful at times, or surprisingly liberating, and it will most likely be a little of both. Underneath the discomfort, we will probably find excitement and energy as we take the risk of unblocking the natural flow of energy in our lives. It is like dismantling a dam inside ourselves, because most of the work involves clearing our own inner obstacles so that the river of our life can flow unobstructed. Once we remove the obstacles, we can simply go with the flow, trusting the changes that follow.



Civitan International has not updated the website as to when they require the list of officers for 2023-24







ROMANCE SCAMS

Who is really behind the keyboard?

Keep your guard up and look out for potential scammers who will try to lower your defences by appealing to your romantic and compassionate side. They can prey on you on popular, legitimate dating sites as well as on fake ones.

On a real dating site, a scammer might send you a few messages and a good-looking photo of themselves, or of someone they claim to be. Once you are charmed, they will start asking you to send money. They may claim to have a very sick family member or a desperate situation with which they need your help. Once you give them money, they often disappear.

A fraudster can also create a fake dating site where you pay for each message you send and receive. To keep you writing back and paying, the scammer may hook you in with





Tips to protect yourself:

vague emails about their love and

desire for you.

- Never send money or give financial details on a dating site.
- Trust your instincts, ask questions and carefully read the terms and conditions before signing up.
- Know which services are free, which ones cost money and what it takes to cancel your account.
- Make sure you only use legitimate and reputable dating sites. Always check website addresses carefully, as scammers often mimic real web addresses.
- Remember that it's very unlikely that someone will declare their undying love to anyone after only a few letters, emails, phone calls or pictures.









BUSINESS SCAMS

Stay up to date on the schemes targeting businesses!

Organizations of any size can still be duped by clever frauds, so make sure you know about them.

A typical one is the directory scam. A fraudster sends your company a proposal for a listing or advertisement in a magazine, journal or business directory, or for an online directory. They'll call to confirm the address and other details. Then the accounting department will receive and

pay the bill, unaware that your company never actually ordered or authorized the service.

Another common fraud is the health and safety products scam. You might receive a phone call from someone claiming to be from the provincial government, telling you that your first-aid kits need to be replaced or you have to update your company's health and safety

training. In both cases, you may be told to act quickly.

One other possible scam is the office supply scam, which involves you receiving and being charged for items you didn't order. In many cases, scammers will hound you to pay the amount they claim you owe. They will even trick you into believing that they will report you to a collection agency.

Company Fraud



Tips to protect yourself:

- Educate yourself, your employees and your coworkers to be cautious of unsolicited calls.
- Create a list of companies that are typically used by your business.
- Limit the number of staff who can approve purchases and pay bills.
- Clearly define procedures for verification, payment and management of accounts and invoices.
- Contact your province's regulator to know your legal obligations.
- Fraudsters will use company names or logos similar to those of known businesses to make their invoices seem real. Inspect invoices carefully before making any payments.





DOOR-TO-DOOR SCAMS

Knock, knock! Who's there? A scammer!

Despite living in the digital age, there are still some old fashioned scams that come right to your door, posing a threat to you and to businesses. With this trick, door-todoor salespeople use high-pressure tactics to convince you to buy a

product or sign up for a service you don't want or need.

These aggressive pitches are often for charitable donations, investment opportunities or home services and maintenance

of various appliances, like water heaters, furnaces and air conditioners.

In others, the products or services are of poor quality or not

as represented.



Tips to protect yourself:

In many cases, you'll never receive the product or service promised.

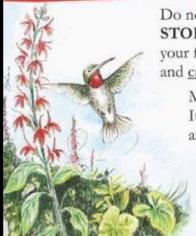
- Don't feel pressured to make a quick decision—take time to do some research on the seller and the products first.
- Ask for photo ID, get the name of the person and of the company or charity they represent.
- Ask for the charity's breakdown of where funds are allocated. Be sure to get this in writing.
- · Never share any personal information or copies of any bills or financial statements.
- Only allow access to your property to people you trust.
- · Research before you invest. Don't sign anything and always read the fine print.
- Know your rights. Contact your local consumer affairs office-most provinces and territories have guidelines under their consumer protection act.



hints and tips for

Help Hummers Stay Healthy!

Painting



Do not use RED DYE or STORE-BOUGHT nectar in your feeders! It isn't necessary and can harm hummingbirds.

> Make your own nectar! It's simple, inexpensive, and healthier for the birds.

Recipe:

- 4 cups boiling water
- 1 cup granulated sugar

That's it! Don't add anything else.

Hummingbird Basics

Clean and refill regularly. Follow the following guide for frequency:

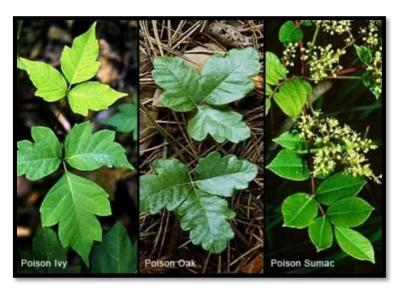
70° - 84° Every 3 days 85° - 87° Every 2 days 88° and up Every day

If the nectar is cloudy, or if you notice black residue on the feeder, clean the feeder and refill it immediately. These are signs of bacterial growth and mold.

The red dye and reservatives in storebought nectar can be harmful, and even deadly, to hummingbirds. Making your own nectar is easy and nexpensive, and can be stored for up to 2 weeks in the refrigerator. Be sure to use granulated cane sugar only.







A COMPREHENSIVE GUIDE TO YELLOW STRIPEY THINGS



ACTS LIKE IT'S TOUGH, BUT CAN'T ACTUALLY HURT YOU HAS NO CONCEPT OF WHAT GLASS IS -LIVES IN YOUR FENCE -FLIES AGGRESSIVELY TO TRY AND SCARE YOU AWAY



-IS THE BEE THAT NEEDS HELP THE MOST -EXCELLENT POLLINATOR -VERY FRIENDLY
-CAN ONLY STING ONCE



ALSO POLLINATES STUFF YERY WELL SO FAT IT SHOULDN'T BE ABLE TO FLY VILL LET YOU PET IT WITHOUT GETTING AGITATED -ACTUALLY A FLYING PANDA

HOVERFLY

-WEARS YELLOW STRIPEY UNIFORM TO SCARE YOU -ACTUALLY CAN'T DO ANYTHING TO YOU -HANGS OUT IN FIELDS -FOLLOWS YOU IF IT LIKES YOU



PAPER WASP

YELLOW JACKET LOOKS SCARY, BUT WILL ONLY ATTACK IF PROVOKED -WANTS YOUR FOOD AND WILL FIGHT YOU FOR IT -STING HURTS LIKE THE DEVIL -WILL CHASE YOU IF YOU SWAT AT IT -NEVER LEAVES YOU ALONE -WILL STING YOU JUST FOR THE HECK OF IT -HAS NO CONCEPT OF PERSONAL SPACE -IS JUST A JERK



CICADA KILLER

-LOOKS LIKE SATAN'S NIGHTMARES -EXCLUSIVELY EATS CICADAS CAN STING YOU, BUT USUALLY WON'T -STILL PRETTY TERRIFYING



DIRT DAUBER

-ALMOST NEVER STINGS ANYTHING EXCEPT SPIDERS -BUILDS NEST IN THE GROUND -HOARDS SPIDERS IN SAID NEST -COOLEST LOOKING OF THE WASPS

A Comprehensive Guide To Yellow Stripey Things





APPLYING FOR GROWTH & RETENTION FUNDS

Canadian District West has a Growth & Retention Fund which is built up from funds collected from Clubs through the Quarterly Billing at the rate of \$1.50 per member per quarter. These funds are available to Clubs to assist in their membership building process, but must be applied for in writing.

In order to apply, Clubs must outline in detail the following in a package to be sent to the Governor for consideration at a District Board Meeting:

- Date of planned event
- Nature of planned event (information night, seek night, trade show, etc)
- Location of planned event including rental cost
- Type of refreshments to be served, and projected costs
- Nature of planned advertising for event, and projected costs including quotes
- Planned agenda for the event, and who will speak on areas of Civitan
- Costs anticipated for printed material to be handed to prospective members
- Anticipated number of attendees; cost to attend
- Anticipated number of new prospects/members as a result of the event
- Financial involvement of the Club making the application

As the District Board only meets four times a year, applications should take the dates of these meetings into consideration. Dates for District Meetings are published in the Civitan Directory. Under special circumstances, applicant Clubs MAY request the District Board meet at a Convention, dates of which are also published in the Civitan Directory.

These are YOUR funds; this District needs to grow to replenish our shrinking membership. Why not have your Club Executive put a business plan together and apply for assistance?

| DATES TO REMEMBER | | |
|----------------------|--|--|
| June 6 | London Middlesex Civitan Club 48th Anniversary | |
| June 11 | Kawartha Lakes Civitan Club 41th Anniversary | |
| June 17 | Oakville Civitan Club 63nd Anniversary | |
| June 17 | CDW Board meeting-zoom | |
| June 19 | Fathers Day | |
| June 21 | Summer begins | |
| June 25 | CIFOC meeting - Belleville | |
| July 1 | Canada Day | |
| July 9 | Halton Civitan Club 24rd Anniversary | |
| July 28 | Midland Civitan Club 56th Anniversary | |
| Aug 7 | Civic Holiday | |
| Sept 1 | Sept 1 Beaver Tales Deadline | |

MASHED POTATO PUFFS

PREP TIME: 10 MINUTES COOK TIME: 30 MINUTES

INGREDIENTS

- · 2 cups mashed potatoes
- 3 large eggs, beaten
- · 1 cup cheddar cheese, shredded
- 1/4 cup bacon bits
- 1/4 cup chives, chopped
- Pepper to taste
- 1/4 cup Parmesan cheese, shredded



E N J O Y

INSTRUCTIONS

- Combine mashed potatoes, eggs, cheddar cheese, bacon bits and chives.
- Season with pepper if needed.
- Grease a muffin pan and mound a heaping spoonful into each cup.
- Sprinkle each cup with Parmesan cheese.
- Bake for 30-35 minutes at 400°F or until golden brown.
- Cool for 5 minutes and dish and serve warm with sour cream.
- Enjoy!



- Instant mashed potatoes Yes! You can cheat and use instant mashed potatoes to make these.
- Making it ahead You should be able to pre-mix all the ingredients the night before
 and refrigerate them to bake the next day.
- Eggs Can this recipe be made without eggs? Unfortunately, not. The eggs are what
 make the mashed potato puffs rise, otherwise, you're just baking some loaded mashed
 potatoes.

Orange Julius Copycat

Prep Time: 2 minutes Cook Time: 3 minutes Servings: 4 Calories: 204.34kcal

INGREDIENTS

- · 6 oz. frozen orange juice concentrate
- 1 cup water
- 1 cup milk
- ½ cups sugar
- 1 tsp vanilla extract
- 5 ice cubes

- *Add a few frozen strawberries for a punch of strawberry flavor.
- *Replace all or some of the sugar with honey, if desired.
- *Add up to 1 banana to the blender for an orange-banana treat.
- *Experiment with different frozen concentrates such as lemon or lime.
- *Try adding a handful of fresh spinach to make this a healthier treat

INSTRUCTIONS

Place all ingredients into a blender and puree until smooth. Pour into glasses and serve immediately.



How to Make Your Peach Milkshake

This peach milkshake is beyond easy to make and comes together in less than 5 minutes! It's the perfect foolproof recipe to keep on repeat all summer.

- Add Ingredients to Blender: Place the ice cream in a blender. Add the frozen peaches, milk, and vanilla extract.
- Blend: Blend on high until the ingredients are smooth and incorporated.
- Add Fresh Peaches: Add the fresh peaches last and lightly pulse so the chunks don't fully blend. You can also just stir in the chunks if you like the pieces thicker.
- Add Toppings and Serve: Top with whipped topping and cherry on top!

Creany Cucumber Salad

This classic recipe consists of fresh cucumber, red onion, fresh dill and some other ingredients, a side dish that everyone will love. It is light, creamy, and very easy to make. The perfect salad for a picnic or summer barbecue.

Ingredients:

3 c. Thin tranches peel cucumber

1 c. Thin slices of red onion

1/2 c. Kroger sour cream

1 tbsp. White vinegar

1 tbsp. chopped fresh dill

1 tsp. granulated sugar

½ tsp. salt

1/4 tsp. garlic powder



Directions:

In a medium-sized mixing bowl, mix together sour cream, vinegar, dill, sugar, salt, and garlic powder.

Add cucumber and red onion. Toss to coat.

Cover and put in the fridge for two hours or more. Enjoy! enjoy

yum yum

summer treats

Agincourt Civitan Club - #1870 President Mark Latremouille

The Agincourt Gliders Skating Club has completed their season, being the first time back in 2 years. The season end party was a big success and the skaters are looking forward to returning in the late fall. Pictured here are Civitan Eveline, Skater Kyle, and Civitan David. Kyle has just received the Denise Borie Memorial Award for best improved skater.





The Agincourt Civitan Club threw a concert at a retirement home (Cedarbrook Lodge) in Agincourt (Scarborough) for 100 residents on Wednesday, March 15, 2023. The entertainment was a ukulele band from Aurora and they did it as a personal favour to us. Everyone had a great time and then we all had cake afterwards.



Civitan's Bob EMO, Jacqui Tucker, Anna Cavicchia-Scudds and Paul Scudds from the Agincourt Civitan Club attended the Spring Convention in Hamilton on May $26^{th} - 27^{th}$ hosted by the Dundas Civitan Club. It was a great convention.





Civitan's Past President David Birtwell and Director Jacqui Tucker attended the Village Eulogia Event on April 22nd

The Agincourt Club is having our dinner meeting on June 4th at Maestros Restaurant before we break for the summer. Special guest of honour is Civitan Robert Nicholls who is celebrating his 65th year in Civitan.

Congratulations Bob!. (We will have photos for the next Beaver Tales)

Don Mills Civitan Club - #746 President Jeff Simpson

With trepidation, due to a forced hiatus, the Don Mills Civitan Club started considering bringing back the Annual Dinner, Dance and Silent Auction.

Pros and Cons were discussed. We had given up on hockey but not on the community. It was decided to give it a go. Expectations were lowered and attendees were lowered.

Once it was decided to go ahead things came together quick and easy. Quality merchandise was acquired. When the word went out the requests for tickets was quite surprising.

Entertainment was provided throughout the evening by Kara Shaw on the piano and Rare Sounds.





Speeches were kept to a minimum.



A highlight of the evening was Heads or Tails where almost everyone participated.



It was a great evening and everyone enjoyed themselves.

The funds raised will help us reach out to families and youth in need, develop leadership programs for young people and provide support for people with special needs.

We look forward to a great year of volunteering and hope to see you next year!

Dundas Civitan Club - #3212 President Kelsey Gaudet

We were delighted to host the Spring Convention on May 27, especially after such a long hiatus. We felt we were able to organize a day that combined business and fun, and enabled us to re-connect with our fellow Civitans from the district.

The event's success was made possible by the work of several of our members. Bruce Davey, area director and our past president had this to say about the convention: "Thank you to all of the club for their efforts to carry this event off, and a big thank you to all of the District team for their patient and jovial leadership. A special note of appreciation to Governor Pauline Blackwell and hubby Past Governor Darrell. Also, congrats to Treasurer Sue Gibson for handling all the monies related to this event."

Our Club president Kelsey Gaudet said: "We had a great time getting together, and thank you to all who participated." At the business meeting, Kate Wilson, Junior Civitan Governor spoke, and was presented with a scholarship. Congratulations, Kate.

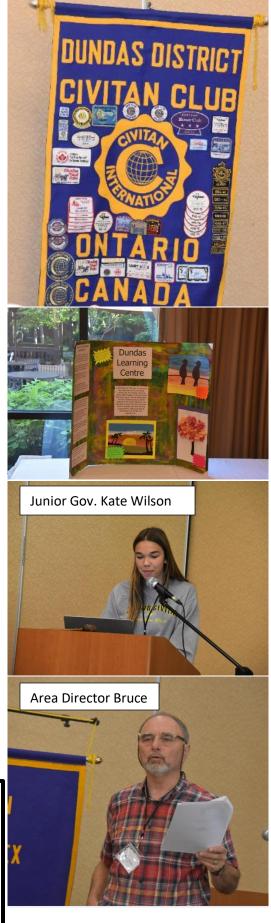
Miranda, our new area director, made a presentation titled "Development Disabilities and Sexual Violence". She is currently public education director for Hamilton area's Sexual Assault Centre.

There are so many highlights, and so many people to thank. The 50/50 draw and raffle garnered close to \$600. Credit for this goes to Civitans Martha Fox and Anne Pearson. Martha also assembled all the "swag bags" provided to attendees.

Mother and daughter team Miranda and Pam Jurilj organized the "Murder Mystery", which was won by Kelsey and her mom Pam George. Later that evening, revelers enjoyed Karaoke organized by Tracy Beck, and then the Jurilj team wrapped things up with the "after glow".

To their total surprise, Tracy and Bruce were awarded District Honour Keys at the dinner.





Dundas Civitan Club - continued

On May 13, our Alleycats bowlers celebrated their year with a banquet. Thanks to Kelsey, Pam George, and Pam Jurilj for their leadership, and all the volunteers for their support.







Upcoming events include a Garage Sale slated for Saturday June 3 at St Marks Church lot, and a lawn bowling competition at the Dundas Driving Park on Saturday June 10. We'll be sending a team to join those from other service clubs in the community.

On the evening of June 19, we'll hold our annual "burger and beer" gathering at the Collins Brew House in Dundas. Please advise President Kelsey of your attendance ahead of time.





Halton Civitan Club - #3526 President Marlyne Van Exan

The Halton Civitan Club has been busy over the past few months.

Birthing Kits for Haiti

Our club members came together to assemble Birthing Kits that will be delivered to women in Haiti and other developing countries. This project has been delayed due to civil unrest in the country, but we are grateful that they can once again be delivered. The Birthing Kits include gauze, a razorblade, belly band, a pair of gloves, soap, a safety pin and string. These kits help to ensure a clean delivery.

Kindness Bags for OTMH

The Kindness Bags project aims to provide essential personal items for senior and long-term patients at the Oakville Trafalgar Memorial Hospital. The items included in the bags include puzzle books, eye glass cleaner, hand cream, emery boards and lip balm. 12 pairs of Pozy socks were delivered to the Dementia section of the hospital. We also purchased 8 CD players to make patients more comfortable.

Tampon Tuesday

Civitan Jadzia and Civitan Denise purchased feminine hygiene products and delivered them to the Halton Women's Shelter. This provides free access to hygiene products in an effort to end period poverty.

Halton Jr. Civitan Speaker

Melissa Graham, the advisor for the Halton Jr. Civitan club, visited us to talk about her club. There are approximately 14-16 regular members. The students have come up with many different activities including preparing and serving meals at the Kerr Street Mission. The Halton Civitan Club is working with the Jr. Club to find a project we can work on together.





BIRTHING KITS



Kindness Bags for OTMH





Halton Civitan Club and Halton Junior Civitan are looking for a project which they can work together



Socks

T TogetherE EveryoneA AchievesM More



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Congratulations on your Community Spirit Award Nomination!

The Town of Oakville is proud to honour outstanding community champions who make a positive impact through volunteer efforts or acts of kindness. We are thrilled to extend our congratulations Marlyne on your nomination for the Community Spirit Award in the Inclusion, Diversity, Equity and Accessibility category submitted by Shannon Douglas.

Proudly sponsored by Access Abilities, the Inclusion, Diversity, Equity and Accessibility Award recognizes outstanding individuals, businesses or organizations who have made significant voluntary contribution, beyond legislated requirements, to make Oakville a more inclusive community regardless of visible/invisible disability, race, gender, sexual prientation, income etc.

This impressive nomination is a testament to your dedication and significant contributions to Cakville, and we look forward to celebrating your achievements at the awards ceremony. Join us at Queen Elizabeth Park Community and Cultural Centre's Rehearsal Hall (2302 Bridge Road) on Thursday, June 8, 2023. Doors open at 6:30 p.m., followed by the awards ceremony at 7 p.m. and a reception with sweets and treats.

Nominees are allocated two tickets. Starting Monday, May 15. please confirm your attendance by visiting cakvillecentre ca

and using promo code SPIRIT2023. The promo code is valid from May 15 to 19, so make sure to reserve your ticket(s) as soon as possible. If you need additional tickets, visit oakvillecentre ca on May 23 when unclaimed tickets will be released to the public, while tickets last. For assistance, please call the Oakville Centre for the Performing Arts (OCPA) at 905-815-2021 (Monday to Friday from 1 p.m. to 5 p.m.).

Congratulations again on your nomination! Please remember to confirm your attendance next week by Friday. May 19 with the <u>Oakville Centre Box Office</u> using your special promo code. If you have any questions, please contact Julie Pennal at 905-845-6601, ext. 3978 or julie pennal thousand the pennal of the pen

We look forward to celebrating with you!

Sincerely,

Julie Pennal



Kawartha Lakes Civitan Club - #2721 President Ken Luff

Two of the biggest events of the year are fast approaching the Kawartha Lakes Civitan Club.

Club members are busy collecting items from the community for our annual fundraising Yard Sale. Similar to previous years, our Yard Sale takes place Saturday June 17 from 8:30am to mid-afternoon.

The always popular and well-attended yard sale takes place at the Clubhouse.

It's one of our biggest fundraisers of the year and fingers are crossed for a sunny day.



As a follow up to last year's 40th Anniversary party, the club is proceeding with another big event on Canada Day weekend. Similar to last year, we will be hosting the community with a live band and fireworks display.

Let's call it our 41st Anniversary party. The big event is Sunday July 2 starting at 7:00pm.

Many thanks to Canadian District West for supporting the event through the Awareness Fund. If you're in Coboconk on Sunday July 2 be sure to drop by for a spectacular fireworks show and fellowship with the members of the Kawartha Lakes Civitan Club.

Club Treasurer Karen Luff has even hinted that we may once again enjoy some cool treats!

We would also like to acknowledge the following for their support:

Funded in part by the Government of Canada







Funded in part by the City of Kawartha Lakes

"The best honour you can give to anyone is to show respect for their time."

Why not honour someone in your club with either a Century Award or a Fellow

(A tax receipt will be given to the recipient)

AWARDS TRUSTEE (CIFOC) Contact:

> Darlene Lambert 95 Spruce Street West Pembroke ON K8A 7S2

(613) 735-6069

Email: civitandarlene@live.ca

CIVITAN INTERNATIONAL **FOUNDATION O**F **C**ANADA

London Middlesex Civitan Club - #2383 President Darrell Blackwell

The London club is happy that we are starting to get back to normal.



The first thing back for us was the Masquerade that we put on for Community Living London it was a huge success with about 75 in attendance where we had DJ Jay and a perfect meal was catered by Belmont catering and a special thanks to Party Plus who helped out with the tables and chairs and linens. We started this project about 4 years ago and it finally came to fruition.

The club also put on a Spring Fling for CLL with about eighty-five in attendance for that dance and there were many new faces.

On the long weekend we had our annual mini golf at East Park Gardens in London where after a game of mini golf the members of CLL we treated to a lunch of hot dogs and hamburgers, chips and a drink. There were many prizes to be won and every participant went home with at least one.



The club has been really busy preparing for the Region 5 convention and the Theme this year is fantastic thanks to Sue Heatherly and Pauline Blackwell so make sure you come to the fair.



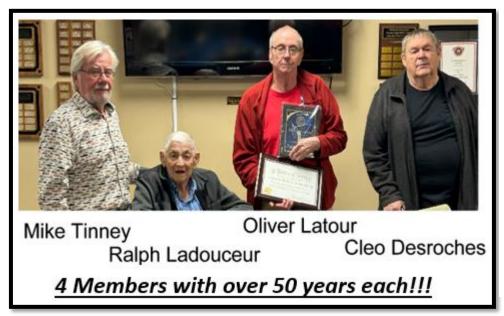




Midland Civitan Club - #1959 President Norma Johnston

The SOO qualifying Curling Bonspiel was a great event. The Midland Curling Club Members were hands on and we could not have run the event without them. We provided the Morning Treats, lunch and snacks. We served Peameal on a bun (anyone remember those LOL) Everyone happily munched these down. Two of the Midland Teams were successful, one coming first in their division and another second.





On April 29, 2023 we held a combo Information, Awareness and fun night and we installed our newest Member, Chris Webb.

Thank you to Governor-Elect Pat and AD Marlyne for attending to speak on Civitan and do the installation. We also took advantage of the occasion to present Civitan Oliver with a 50 Year Plaque for his dedication and service to Midland Civitan.

Midland Civitan Adopt –A-Highway held on May 7 2023 was a huge success with 17 volunteers participating. A huge shout out to Civitans Barrett and Mike for all the hard work getting our supplies and donating the use of their truck. Civitans Barrett, Norma, John, MaryAnne, Steve, Tracey, Chris, Bill, Sally, Maryse, Carol Frederick, Carroll Wilson and Jennifer Wilson along with a family and "Friends of Civitan" did a great job of cleaning up Hwy 93 from the Swiss Chalet in Midland to the Angel Gates in Penetanguishene. Thanks to Civitan Oliver for the many phone calls to get us the clean-up crew. We hung our sign "Midland Civitan Club in Action" across the rear of the truck and got a lot of honks. It was great to be able to do a project once more. We all enjoyed Lunch at Harvey's with a well-deserved rest.





Lots of Golf Balls Found

We have been having Monthly Board Meetings, via Zoom and General Meetings on our regular meeting night, in person. Once again Civitan Carol Frederick continues doing a great job keeping us up and running on Zoom.

At our recent Convention, Midland had 6 Members attend in Hamilton. Kudos to Dundas for a job well done!

We will be participating in the Seniors Information Day on June 8 and our Mini-golf is scheduled for June 19. Preparations are under way for our Canada Day Parade and 50/50 draw tickets at Little Lake Park.



The Midland Civitan Club will once again be holding the annual Canada Day Parade in Midland. The parade will take place July 1.

Entrants will assemble at the town dock at 9:30 a.m.
The parade will commence at 10:30 a.m., proceeding along King Street to Little Lake Park and through the park to Yonge Street.





Everyone have a safe and enjoyable summer.

Obituaries







PAST INTERNATIONAL PRESIDENT

Mike Brown, age 81, a resident of Hoover, AL went to his Heavenly Home on April 29, 2023.

He is survived by his wife of 54 years Joanie, son Loren (Lindsey) of Duluth, GA, his sister Peggy Lane of Fairhope, AL, brother Dan Brown (Kim) of Albuquerque, NM, and sister Sheri Cuccaro (John) of Ft. Worth, TX, his beloved granddaughters Samantha and Catherine, and many additional family and friends. He was met in Heaven by his parents Lloyd and Grace Brown, his grandson Jacob, and brother-in-law Bob Lane.

Initially planning on the priesthood, Mike and Joanie met and were married in 1968. Moving to Albuquerque, NM from Minneapolis, Mike worked for St. Joseph's hospital, eventually becoming Administrator for their new West Side hospital. After moving to Birmingham, AL in 1989, he was the Business Administrator of the Civitan International Research Center at the University of Alabama Birmingham where he retired after 16 years.

For over 50 years, Mike gave of his time and energy to Civitan International where he served in every capacity, including International President in 2008. Besides his civic work, Mike led hundreds to Christ as an RCIA leader at Prince of Peace church for 27 years.

He will be remembered as a fiercely loving and proud husband, father, grandfather, and brother, dedicated to his community and his church, who loved to travel, read, eat green chile, play solitaire on his tablet, and follow Alabama football.

A celebration of Mike's life took take place at Prince of Peach Catholic Church in Hoover at 10AM, Saturday, May 6. In lieu of flowers, the family asks for donations to be made to Civitan International, ATTN: Mike Brown Fulfilling Fellows, PO Box 382857, Birmingham, AL 35238.



KINNEY, James Ernest-(1937-2023)

It is with sadness and a heavy heart to announce that on May 24, 2023, James Ernest Kinney was called to our Lord in his 86th year. He will join his mother Mary Wilkinson, his father James Francis Kinney and his sister Janet.

He leaves behind his wife Louise Castelli-Fraser, his three daughters, his seven grandchildren, his seven great-grandchildren, as well as his sister Mary.

He will be remembered for his singing, steady moral compass and non-wavering point of views. His loving wife Louise of 50 years will remember him for his gentle heart, loyal support, warmth and affection he always showed her.

We would like to thank the Palliative team at the CLSC; Nurse Audrey and Dr. Provost along with his Kidney Specialist Dr. Dupuis.

At his request there will be no services.

Murray was a long-time member of the Midland Civitan Club

MURRAY MCCONNELL

05-Dec-1932 - 04-Apr-2023

Passed away peacefully on Tuesday, April 4th, 2023 in his 91st year. Predeceased by his loving wife Anne. Cherished father of Lynn (Greg), Chris (Jane), Kim (Gerry). Proud grandfather of Kyle (Kristy), Kevin (Siobhan), Connor, Cole, Scott and great grandfather of Malcolm and Simon. Dear brother of Pauline and Bill. Predeceased by his siblings Ray, Don and Gerry. Murray will be sadly missed by many nieces, nephews, extended family and friends. In his memory donations can be made to the charity of choice.

Cremation has taken place and a Celebration of Life will be held at a later date.



GONE BUT NEVER FORGOTTEN



GOVERNOR-ELECT MESSAGE - Pat McKinney



Greetings Civitans,

It's hard to believe its early June and our spring convention has come and gone. A big shout out to the Dundas club for a great convention. It was wonderful getting back to the basics that Civitan was founded on.

Service, Knowledge and Fellowship.

There was only one downfall at the convention and that was we had no one let their name stand for Governor Elect. We cannot keep relying on someone else to step forward as we all know someone else has passed. Please consider letting your name stand at the Region 5 convention. Remember: There is no i in team but there is a e for everyone, as Governor Elect you have a whole team behind you!

If Civitan is to survive here in Canada District West we need to grow. We are currently down to nine clubs within our district and a new club has not been built since 1999. Some clubs are growing but our overall membership is down. Let us all try and come up with a way to help grow our district.

The Civitan International Convention is August 17 thru August 20 in Indianapolis where once again the policies and bylaw changes will be voted on. The link to full amended bylaws mentioned in the latest Civitan Connect DOES NOT WORK. There is no proposed bylaws on the Convention page of the website, and the link only pulls up exactly what was in the Civitan Connect.

Have a wonderful summer and please mark your calendar for September 7 & 8 for the Region 5 convention in London. The London Middlesex Civitan Club always have a great convention so you won't want to miss this one. I hear they have some great games planned.

Pat McKinney – Gov. Elect

All the flower of tomorrow are the seeds of today





Pat McKinney: jmckinney01@rogers.com